



## Volunteer Application Form

Name \_\_\_\_\_ Date \_\_\_\_\_

Home address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (identify preferred): Home \_\_\_\_\_ Cell \_\_\_\_\_

OK to send you text? **YES** **NO**

Our primary method of contact with volunteers is via email.

Email (Print legibly) \_\_\_\_\_

Identify any **special skills** or **unique talents** you have that may help the VBAC Volunteer Program

\_\_\_\_\_  
\_\_\_\_\_

### Volunteer Availability (Circle best days/times for you)

• **Reception Desk:**

<b>Weekdays:</b>	<b>Tues</b>	<b>Wed</b>	<b>Th</b>	<b>Fri</b>	
	Morning (10 am to 1:30 pm)		Afternoon (1:30 to 5:00 pm)		All Day
<b>Weekends:</b>	Sat Morning (10 am - 1 pm)	Sat Afternoon (1 - 4 pm)		Sunday (12 noon - 4 pm)	

**Call Me, I am flexible**

How often would you like to volunteer? \_\_\_\_\_

Please list 2 references on the back of this form (Name, phone number, relationship to you).

**Complete this form** and **submit** to the Volunteer Mailbox at the Reception Desk. We will be in touch for a meeting to match your interests with the jobs available.

**Questions?** Contact Susan Check, Volunteer Coordinator (757-650-7833) or Talley Powell, Assistant Volunteer Coordinator (757-646-1088)